

SA 04. Jul
2026

Morgenentspannung am Wasser

WEEKLY

🕒 Saturday 8:00 o'clock

Duration: 2 hours

📍 Bludenz

Start the day in soothing silence by the water

Arrival Information

Country bus 720, stop "Außerbraz Hotel Traube". The exact connections can be searched at www.vmobil.at. With the Brandnertal, Bludenz, Klostersal guest card and the Premium guest card, travel by public transport is free.

Meeting point

Alpen.Spa.Golf.Hotel Traube Braz - the morning relaxation takes place in the garden by the pool

Registration

at Klostersal Tourism, T +43 55 82 777 or info@klostersal.travel

Important information

The morning relaxation by the water is led by [Silvia Plangg - Dipl. Mental and Mindfulness Trainer](#).

Price

EUR 39,- per person

Bring along

Depending on the weather, warm clothing

You will receive pillows and blankets from the Alpen.Spa.Golf.Hotel Traube Braz.

Requirements

from 4-10 people (Please note that the experience program must be canceled if the minimum number of participants is not reached.)

Hint / Advice

In bad weather, the morning relaxation takes place in the relaxation room with a view of the pool.





Venue

Alpen.Spa.Golf.Hotel Traube Braz



Organizer

Klostertal Tourismus

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<http://www.klostertal.travel> ↗