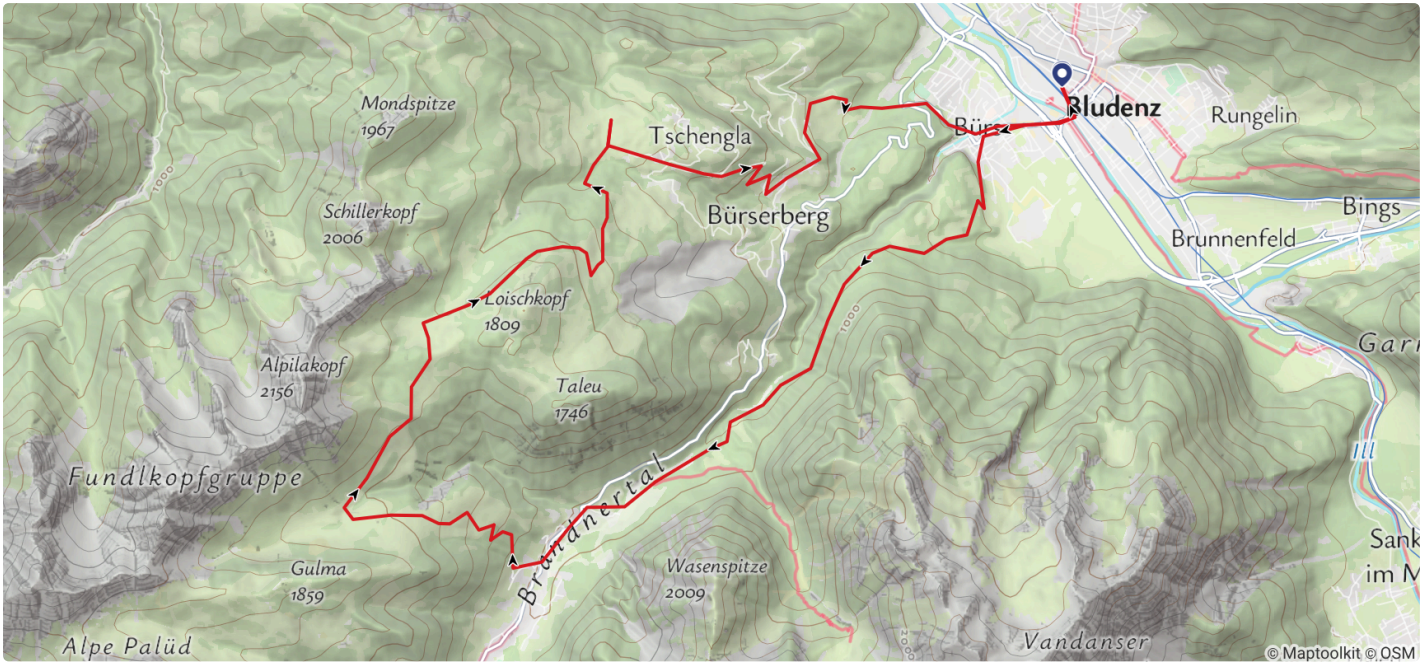


Titel (de)5-Täler Mountainbike-Stern-Tour (Etappe 1) | Bludenz



- Moderate
- Refreshments
- Panoramic
- Cable car ascent/descent
- Stage tour



Tour description

The alternative to the classic 5 Valleys Mountain Bike Tour for anyone based in Bludenz. Over the course of 4 days, you can explore a different valley in the Bludenz Alpine region each day, starting from Bludenz. Panoramic views and singletrack trails included. The tour is also designed for e-bikes: there are no sections where you have to carry your bike, and plenty of charging stations are available.

“Warm-Up”: Brandnertal, including the Brandnertal Bike Park (1,340 m elevation gain / 950 m with the mountain railway)
Ride leisurely from Bludenz along a paved bike path to Brand. Take the Dorfbahn up toward Parpfienzsattel (if you want to gain elevation, take the farm road to the mountain station), then enjoy the single trails in the **Brandnertal Bike Park** all the way to Tschengla/Bürserberg. From there, head back down to Bludenz.

Directions

Bludenz Train Station – Bürs Town Center – Werkstraße – Schaßweg – follow the road – Schaß – Klostermaisäß – Bridge – Galaferda District – Brand Town Center – Ascent via the village railway (or forest road) – Innere Parpfienzalpe – Parpfienzsattel – Mühlebach Trail – Faregg Lift valley station – Loischkopfbahn mid-station – Flowline “Tschengla Unchained” (alternatively, farm road) – Tschengla or Bürserberg – Bludenz

Equipment

Mountain bike, helmet, rain and sun protection, as well as food and enough water for each day’s stage. For multi-day tours, we recommend: a change of clothes, toiletries, tools and a spare inner tube, a first-aid kit, a map or route description, and other personal items.

Tips

The 5-Valley Tour is a moderately difficult mountain bike tour and is therefore not recommended for absolute beginners. However, it is certainly manageable for novice mountain bikers. If necessary, difficult trails can be bypassed, and if it really isn’t possible, you can always push your bike for a short distance.

The tour is also designed for e-bikes, and there are plenty of charging stations available.

05:15 h duration	29,8 km Length
1672 m Highest point	558 m Lowest point
1180 m Ascent	1180 m Descent

Start

Finish

Tour type

Difficulty

Bahnhof Bludenz

Bahnhof Bludenz

Mountain bike

Moderate

Elevation profile

Condition

Difficulty

Result

Landscape

Best time of year

JAN

FEB

MAR

APR

MAY

JUN

JUL

AUG

SEP

OCT

NOV

DEC

Public transportation

Check schedules online at fahrplan.vmobil.at

The Park

Bludenz Train Station

Safety Instructions

EMERGENCY HOTLINE

140 Alpine emergencies throughout Austria

144 Alpine emergencies in Vorarlberg

112 European emergency number (works with any cell phone/network)

www.alpenregion-vorarlberg.com/sicherheitstipps-wandern

Sicherheitstipps für Mountainbike in Vorarlberg

NOTRUF:

140 Alpine Notfälle österreichweit

144 Alpine Notfälle Vorarlberg

112 Euro-Notruf (funktioniert mit jedem Handy/Netz)

[further information](#)
