

5-Valley Mountain Bike Tour

(Stage 1) | Bludenz



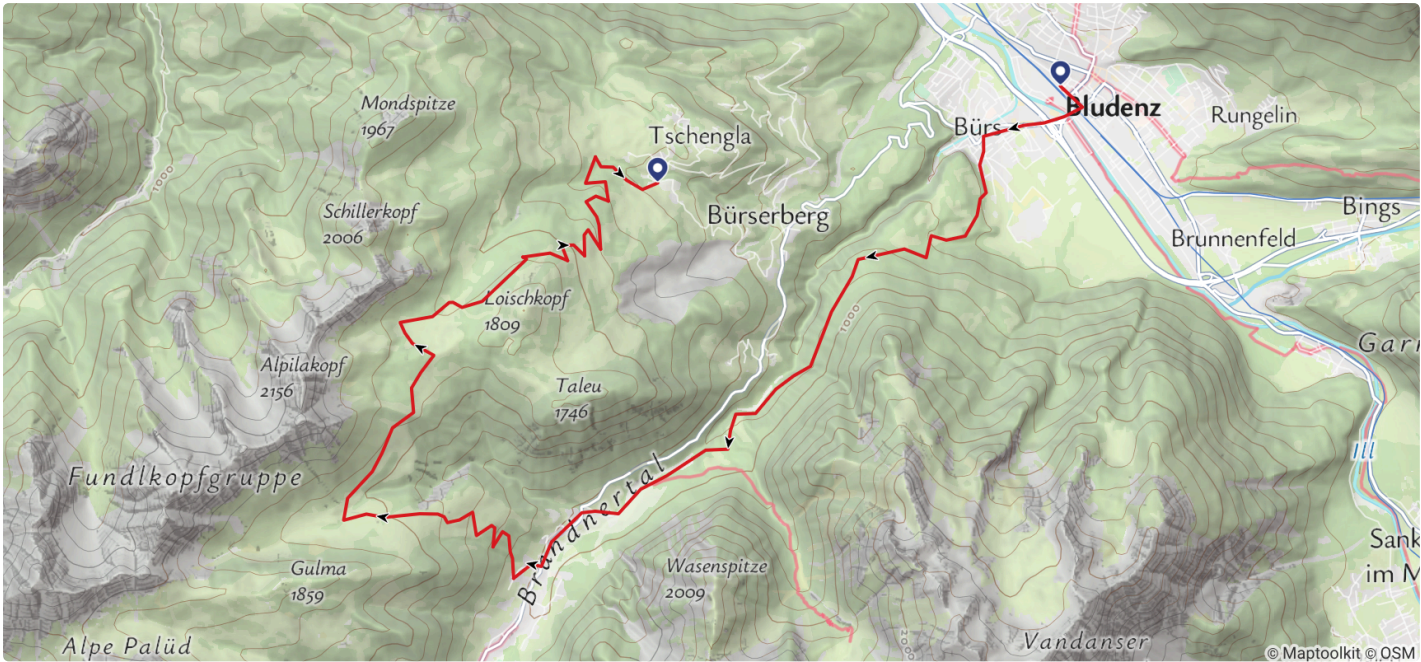
Moderate

Refreshments

Panoramic

Cable car ascent/descent

Stage tour



Tour description

The 5-Valley Mountain Bike Tour connects the valleys around Bludenz in four stages and offers stunning views of the Rätikon, Verwall, and Lechquellengebirge mountains, as well as the Rhine Valley.

Brandnertal, including the Brandnertal Bike Park, with an overnight stay in Bürserberg (1,330 m elevation gain / 940 m with the mountain railway)

From Bludenz, take a leisurely ride along the paved bike path to Brand. Take the village cable car toward Parpfienzsattel (those looking to gain elevation can take the farm road to the mountain station) and then enjoy the single trails in the Brandnertal Bike Park all the way to Tschengla/Bürserberg.

Directions

Bludenz Train Station – Bürs Town Center – Werkstraße – Schaßweg – follow the road – Schaß – Klostermaisäß – Bridge – Galaferda District – Brand Town Center – Ascent via the village railway (or forest road) – Innere Parpfienzalpe – Parpfienzsattel – Mühlebach Trail – Faregg Lift valley station – Loischkopfbahn mid-station – “Tschengla Unchained” flowline (alternatively, farm road) – Tschengla or Bürserberg

Equipment

Mountain bike, helmet, rain and sun protection, as well as food and enough water for each day’s stage. For multi-day tours, we recommend: a change of clothes, toiletries, tools and a spare inner tube, a first-aid kit, a map or route description, and other personal items.

Tips

The 5-Valley Tour is a moderately difficult mountain bike tour and is therefore not recommended for absolute beginners. However, it is certainly manageable for novice mountain bikers. If necessary, difficult trails can be bypassed, and if it really isn’t possible, you can always push your bike for a short distance.

The tour is also designed for e-bikes, and there are plenty of charging stations available.

	05:15 h duration		23,5 km Length
	1674 m Highest point		558 m Lowest point
	1160 m Ascent		550 m Descent

Start

Finish

Tour type

Difficulty

Bahnhof Bludenz

Parkplatz Loischkopfbahn

Mountain bike

Moderate

Elevation profile



Condition

Difficulty

Result

Landscape

Best time of year

JAN

FEB

MAR

APR

MAY

JUN

JUL

AUG

SEP

OCT

NOV

DEC

Public transportation

Check the schedule online at www.vmobil.at

The Park

Parking lot at the Bludenz train station

Safety Instructions

EMERGENCY HOTLINE

140 Alpine emergencies throughout Austria

144 Alpine emergencies in Vorarlberg

112 European emergency number (works with any cell phone/network)

www.alpenregion-vorarlberg.com/sicherheitstipps-wandern

Sicherheitstipps für Mountainbike in Vorarlberg

NOTRUF:

140 Alpine Notfälle österreichweit

144 Alpine Notfälle Vorarlberg

112 Euro-Notruf (funktioniert mit jedem Handy/Netz)

[further information](#)
