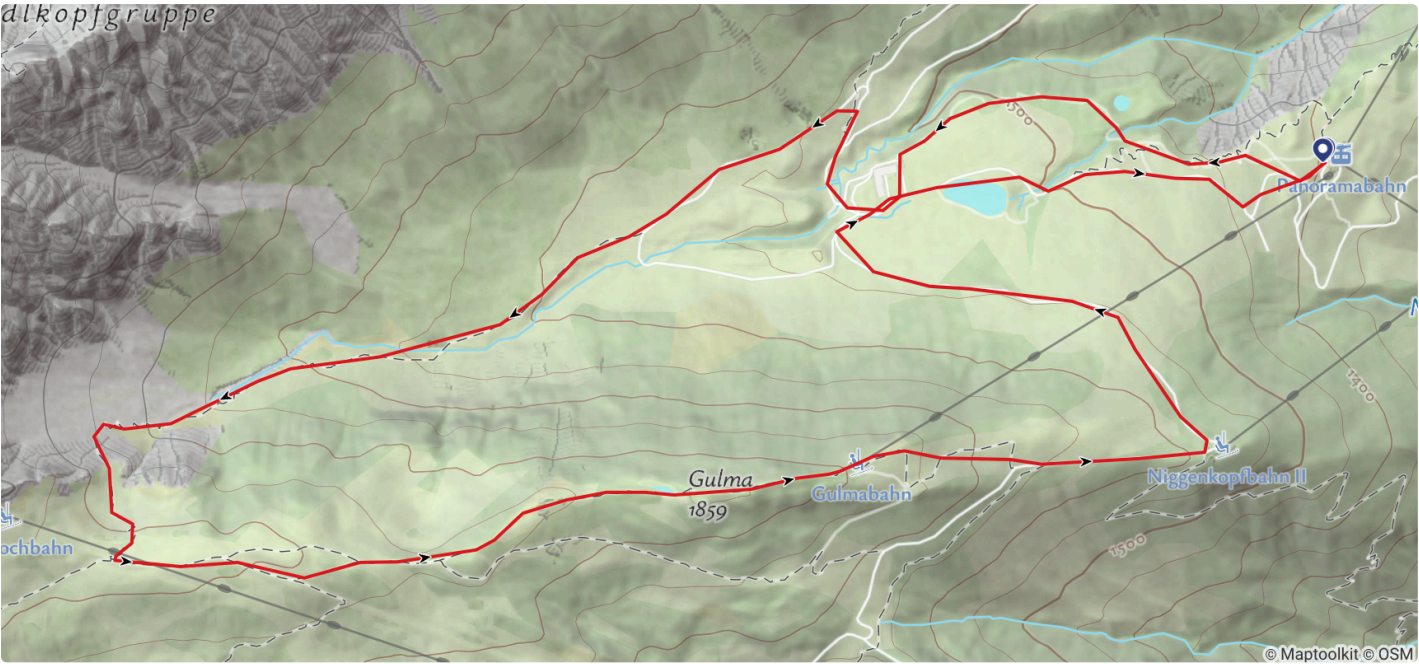


Lorenzitäli-Trail | Brand

HARD CABLE CAR ASCENT/DESCENT ROUND TRIP



Tour description

Challenging trail running course through the Lorenzitäli and back over the Gulma ridge to the mountain station of the Dorfbahn.

First, the ascent takes place with the village cable car in Brand. Once at the top, the trail then starts in the direction of Innere Parpfienzalpe. There the trail branches off to the left and leads up through the Lorenzitäli. A bit below the mountain station of the Glattjochbahn, the trail leads over the Gulma ridge and the Niggenkopf back to the starting point.

 02:00 h duration	 9,0 km Length
 1918 m Highest point	 1398 m Lowest point
 572 m Ascent	 572 m Descent

Public transport

Bus line 580, bus stop "Brand Dorfbahn"

Timetable enquiry online at www.vmobil.at

Parking

Parking lot at the Dorfbahn in Brand

Directions

Trailrun starting point at the Dorfbahn valley station - ascent with the Dorfbahn - Dorfbahn mountain station - Innere Parpfienzalpe - Lorenzitäli - Glattjochbahn - Gulma - Niggenkopf - Dorfbahn mountain station - descent with Dorfbahn - trailrun starting point at the Dorfbahn valley station

Safety instructions

EMERGENCY CALL140 Alpine emergencies Austria-wide
144 Alpine emergencies Vorarlberg
112 Euro-emergency call (works with any mobile phone/network)

www.alpenregion-vorarlberg.com/sicherheitstipps-wandern

Equipment

Running shoes, sun and rain protection, filled water bottle, snack (as desired) and first aid equipment.
Mobile phone for emergencies.

Start

Finish

Tour type

Difficulty

Dorfbahn Brandnertal

Dorfbahn Brandnertal

Trail running

● Hard

Elevation profile



Condition

Difficulty

Result

Landscape

Best time of year

JAN	FEB	MAR	APR	MAY	JUN
☐	☐	☐	☐	☐	☒
JUL	AUG	SEP	OCT	NOV	DEC
☒	☒	☒	☒	☐	☐

Safety in the mountains

EN NOTRUF:

EN 140 - Alpine Notfälle österreichweit

EN 144 - Alpine Notfälle Vorarlberg

EN 112 - Euro-Notruf (funktioniert mit jedem Handy/Netz)

[further information](#)
