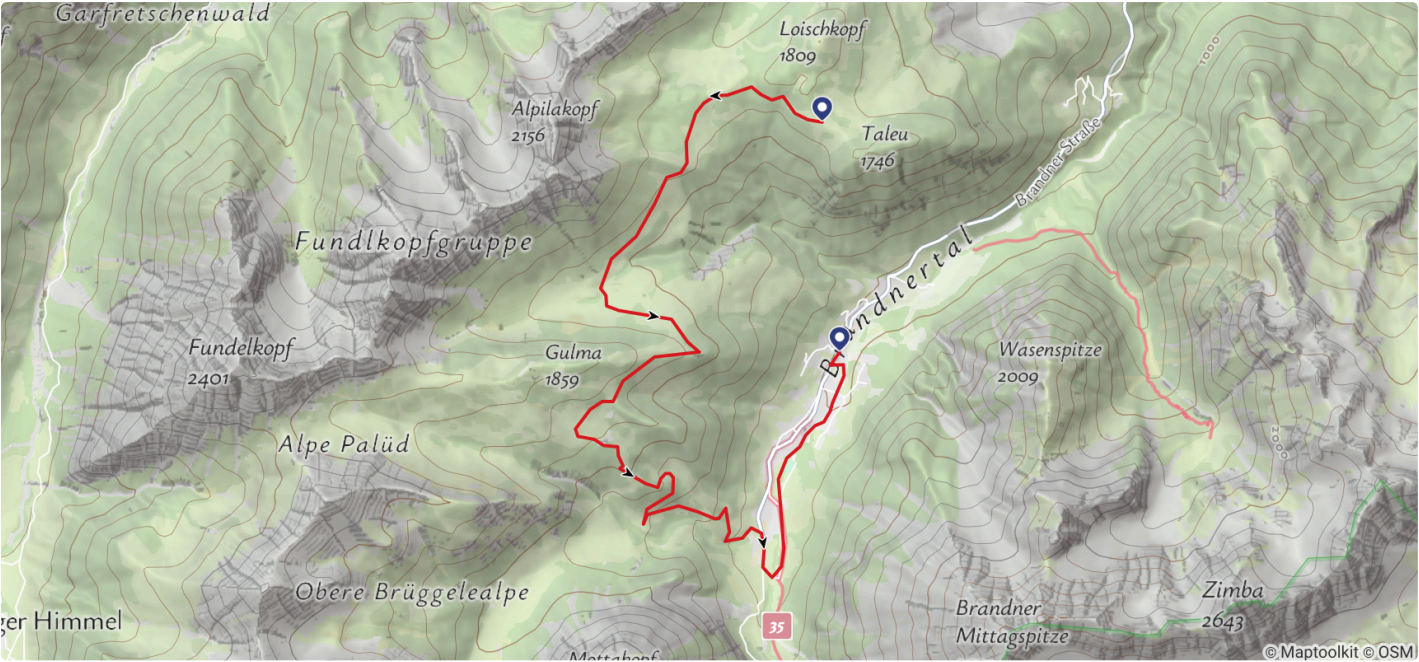




Tour description

On the way, you will visit three gourmet stops and be spoiled by the hosts with regional delicacies.

The Brand Culinary Trail is available from Wednesday through Sunday. The Brand section of the Brandnertal Culinary Trail begins at the Dorfbahn valley station in Brand. You can reach the starting point in an eco-friendly way by taking the **L580 local bus to the “Brand, Dorfbahn” stop**, or alternatively by car. Ample parking is available at the Dorfbahn station in Brand.

The first leg to the first culinary stop is very leisurely. You'll glide comfortably up to the Burtschasattel on the Dorfbahn and Panoramabahn. Right at the Panoramabahn's mountain station is the **Frödd Restaurant—and thus the first culinary stop—offering** a magnificent view of the Rätikon Mountains and the Schesaplana, the region's highest peak.

After the first culinary highlight, the route continues toward Palüd. Along the way, you'll enjoy fabulous views of the surrounding mountains and discover the secrets of alpine nature and its inhabitants along the Natursprünge Trail. At the Parpfienz Saddle, the trail branches left toward the Innere Parpfienzalpe. Please note: This section of the route is also a mountain bike trail. Please walk along the edge of the trail on this section and watch out for mountain bikers heading downhill. The farm road passes by the Innere Parpfienzalpe and from there leads up to the Niggenkopf. From here, the route follows an easy forest path toward Palüd. The second stop is either at the **Palüdhütte** or a little further on at the **Alpengasthof Melkboden**.

After stopping at the Palüdhütte or the Alpengasthof Melkboden, the hike now leads back down into the valley to the third refreshment stop. On foot, the route passes the Palüd-Maisäßen and heads downhill to Brand Innertal. Alternatively, this part of the final stage can also be covered using the Palüdbahn. From the Palüdbahn's valley station, walk a short distance further into the valley. At the chapel, cross to the other side of the Alvierbach stream. From there, the trail leads out of the valley. At the Brügga district, cross the stream again, go over the bridge, and immediately turn right onto the footpath. Follow this path to the Alvierbad natural swimming lake; from there, it's just a few meters to **the Valavier Aktivresort**. **Alternatively**, you can also return to the valley via the Palüdbahn. Please note: The Palüdbahn operates only Friday through Sunday.

Booking and reservations required. For more information, visit [Culinary tours in the Brandnertal](#)

03:35 h duration	12,9 km Length
1666 m Highest point	994 m Lowest point
130 m Ascent	800 m Descent

Start

Finish

Tour type

Difficulty

Dorfbahn Brandnertal

Dorfbahn Brandnertal

Hiking trail

Moderate

Elevation profile

Condition

Difficulty

Result

Landscape

Best time of year

JAN

FEB

MAR

APR

MAY

JUN

JUL

AUG

SEP

OCT

NOV

DEC

Directions

Dorfbahn valley station - ascent with Dorfbahn and Panoramabahn cable cars - Panoramabahn mountain station - 1. Enjoyment station: Restaurant Frööd - Parpfienzsattel - Parpfienzweg/Natursprünge trail - Innere Parpfienzalpe - Niggenkopf - hiking trail in the direction of the Palüdbahn mountain station/Alpengasthof Melkboden - 2. Enjoyment station: Palüdhütte or Restaurant Melkboden - hiking trail down the valley via Palüd Maisäb or alternatively down the valley with the Palüd cable car - Brand Innertal - into the valley as far as the chapel - switch sides of the stream - out of the valley as far as Brügga - over the bridge - footpath out of the valley as far as Alvierbad - 3. Enjoyment station: Valavier Aktivresort - main road out of the valley - Dorfbahn valley station

Equipment

Hiking shoes with a treaded sole, water bottle, warm clothing, sun or rain protection and hiking poles are recommended. Mobile phone in case of emergency.

Public transport

Bus line 580, "Dorfbahn" stop

Timetable enquiry online at www.vmobil.at

Parking

Dorfbahn cable car in Brand or public car parks in Brand

Tips

Tickets for the "Kulinarische Genussrunde Brandnertal" are available from Brandnertal Tourism on T +43 55 59 555 or online at www.brandnertal.at/genussrunden.

Starting Point

Dorfbahn cable car valley station, Brand

Destination

Dorfbahn cable car valley station, Brand

Safety instructions

EMERGENCY CALL

140 Alpine emergencies Austria-wide

144 Alpine emergencies Vorarlberg

112 Euro-emergency call (works with any mobile phone/network)

www.alpenregion-vorarlberg.com/sicherheitstipps-wandern

Buchung

Safety in the mountains

EN NOTRUF:

EN 140 - Alpine Notfälle österreichweit

EN 144 - Alpine Notfälle Vorarlberg

EN 112 - Euro-Notruf (funktioniert mit jedem Handy/Netz)

[further information](#)