

THERE AND BACK



JAN	FEB	MAR	APR	MAY	JUN
☐	☐	☐	☐	☒	☒
JUL	AUG	SEP	OCT	NOV	DEC
☒	☒	☒	☒	☐	☐

Safety instructions

EMERGENCY CALL

140 Alpine emergencies Austria-wide

144 Alpine emergencies Vorarlberg

112 Euro-emergency call (works with any mobile phone/network)

www.alpenregion-vorarlberg.at/sicherheitstipps-wandern

Equipment

Sturdy shoes, warm clothing, rain and sun protection and walking sticks are recommended.
Mobile phone in case of emergency.

Safety in the mountains

EN NOTRUF:

EN 140 - Alpine Notfälle österreichweit

EN 144 - Alpine Notfälle Vorarlberg

EN 112 - Euro-Notruf (funktioniert mit jedem Handy/Netz)

[further information](#)
